



OxyTrainer[™] and OxyTrainer[™] Advantage

Inspiratory and Expiratory Respiratory Muscle Training (RMT) devices



Use of the OxyTrainer devices creates breathing resistance which engages and strengthens muscles for breathing, speech and swallowing. By making breathing more efficient, use of the OxyTrainer can increase health-related quality of life. Available with and without a PEEP/pressure dial.

Benefits of RMT:

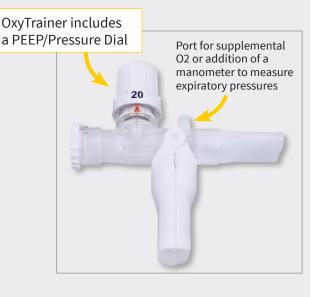
- Strengthens inspiratory muscles: diaphragm, external intercostals, accessory muscles of neck
- Strengthens expiratory muscles: internal intercostals, abdominals
- · Promotes diaphragmatic breathing
- Generates improved airflow through vocal folds
- · Reduces shortness of breath
- Improves blood flow to resting and exercising limbs
- Helps in movement of hyolaryngeal complex
- Improves respiratory support for safe swallow function
- Improves protective cough and assists in airway clearance

Conditions Supported by RMT:

- COPD
- Stroke
- Asthma
- Congestive heart failure
- Parkinson's disease
- Muscular dystrophy
- Multiple sclerosis

- Myasthenia gravis
- Vocal fold pathologies
- · Ventilator / trach weaning
- Dysphagia
- Spinal cord injury
- Sleep apnea
- Hypertension







OxyTrainer Advantage Features:

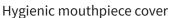
The OxyTrainer Advantage features two dials on each side of the device to adjust resistance.





Both the OxyTrainer & OxyTrainer Advantage feature a unique mouthpiece cover/handle









Rotate the mouthpiece cover to convert to convenient handle

Ordering Specifications



Item#	Description	Case Size
565	OxyTrainer Advantage no PEEP/pressure dial	10
564	OxyTrainer with PEEP/pressure dial	10

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